

Wilson PLAYBOOK

MORE WIN.™

FOR COACHES

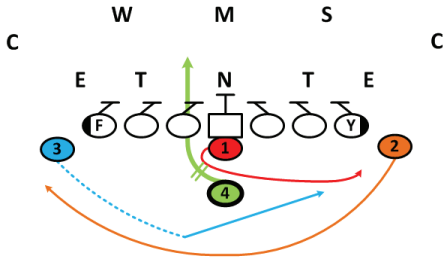
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1

DOUBLE WING 43 WEDGE VS. 5-3

FS

1

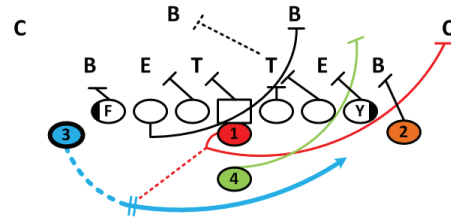


1

DOUBLE WING 38 SWEEP VS. 6-2

FS

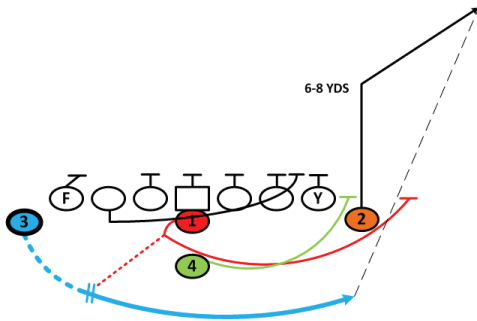
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1

DOUBLE WING 38 SWEEP HB PASS

3

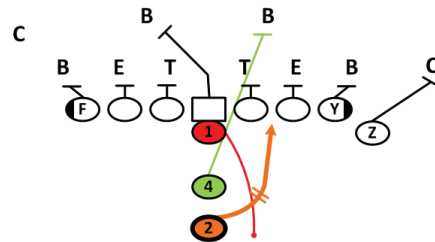


1

JUMBO 24 BLAST VS. 6-2

FS

4

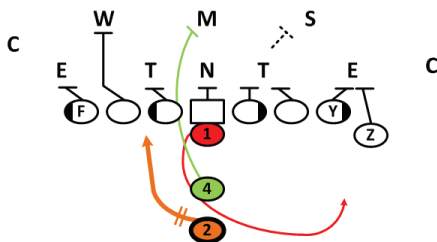


1

JUMBO 23 MIKE VS. 5-3 BEAR

FS

5

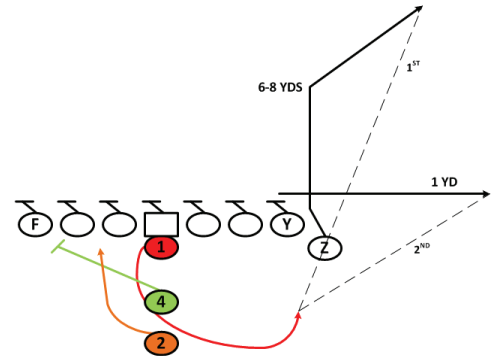


1

JUMBO FAKE MIKE PASS Z CORNER

FS

6



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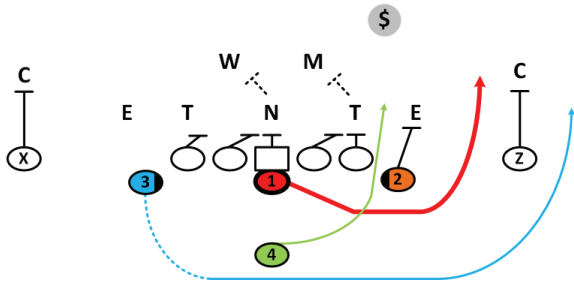
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SHOOT 18 KEEP VS. 5-2

FS

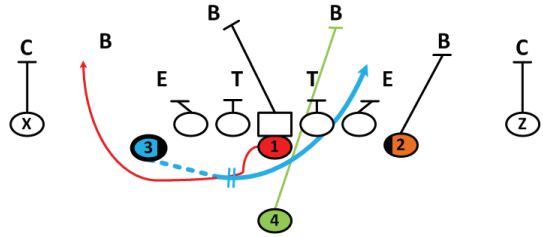


13



SHOOT 34 LEAD VS. 4-4

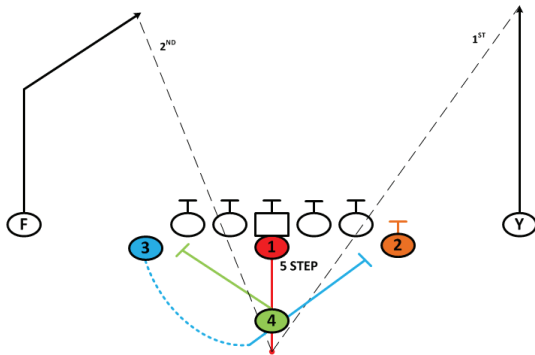
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14



SHOOT MAX DEEP PASS



15



1

DOUBLE WING 43 WEDGE VS. 5-3

1

O-LINE: WEDGE BLOCKING

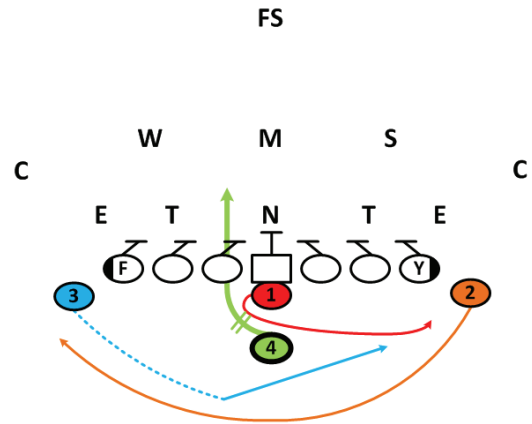
QB: OPEN PLAYSIDE, HAND OFF TO FULL BACK, AND BOOT AWAY.

TE'S: **PLAYSIDE:** WEDGE BLOCKING. **BACKSIDE:** WEDGE BLOCKING.

2 BACK: GET DEPTH, FAKE END AROUND

3 BACK: GO IN SHORT MOTION, SELL RUN WEAKSIDE

4 BACK: LINE UP 1 TO 2 YARDS BEHIND QB. TAKE HANDOFF PLAYSIDE.



1

DOUBLE WING 38 SWEEP VS. 6-2

2

O-LINE: TRACK BLOCKING HEAD UP TO BACKSIDE. BACKSIDE PULLING TACKLE PULL FOR PLAYSIDE 2ND LEVEL DEFENDER.

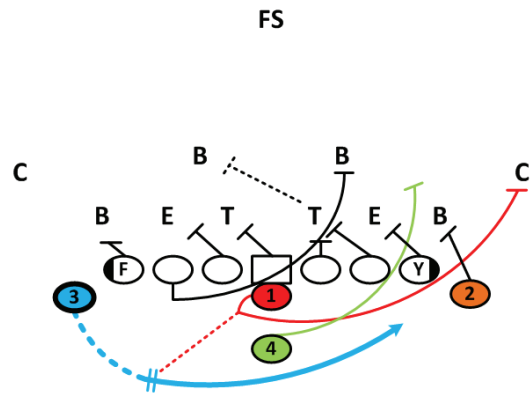
QB: OPEN WEAK, QUICK TOSS TO 3 BACK, THEN LEAD BLOCK FOR CORNER OR WIDEST DEFENDER

TE'S: **PLAYSIDE:** TRACK BLOCKING HEAD UP TO BACKSIDE. **BACKSIDE:** CUT OFF.

2 BACK: TRACK BLOCKING HEAD UP TO BACKSIDE.

3 BACK: GO IN SHORT MOTION, CATCH THE TOSS, RUN SWEEP COURSE.

4 BACK: SWEEP COURSE BLOCKING FOR MOST DANGEROUS MAN.



1

DOUBLE WING 38 SWEEP HB PASS

3

O-LINE: BLOCK HEAD UP TO PLAYSIDE. **PULLING TACKLE:** SET PLAYSIDE EDGE OR PICK UP ANY LEAKAGE

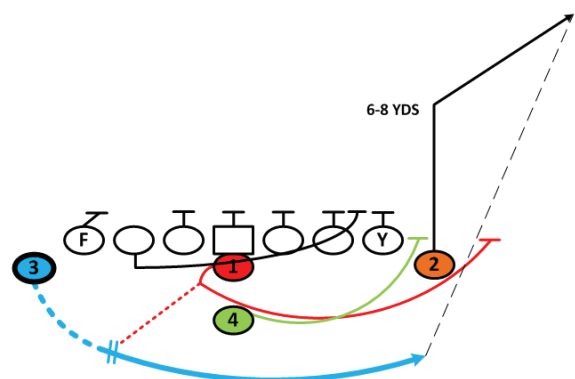
QB: OPEN WEAKSIDE, QUICK TOSS TO 3 BACK, FAKE SWEEP AND BLOCK MDM.

TE'S: **PLAYSIDE:** RUN 1 YD FLAT ROUTE, POSSIBLE QUICK THROW. **BACKSIDE:** CUT OFF.

2 BACK: RUN 6-8 YARD CORNER ROUTE. *SNEAK THROUGH AND GET LOST IN TRAFFIC

3 BACK: GO IN SHORT MOTION, CATCH THE TOSS, RUN SWEEP COURSE. THROW CORNER ROUTE IF OPEN, THEN LOOK TO FLAT, TO RUN THE BALL.

4 BACK: SWEEP COURSE BLOCKING FOR MOST DANGEROUS MAN.



1
YOUTH

JUMBO 24 BLAST VS. 6-2 4

O-LINE: MAN BLOCKING. IF UNCOVERED, DOUBLE TEAM PLAYSIDE TO 2ND LEVEL. HANG 2ND PLAYSIDE LB FOR FULLBACK.

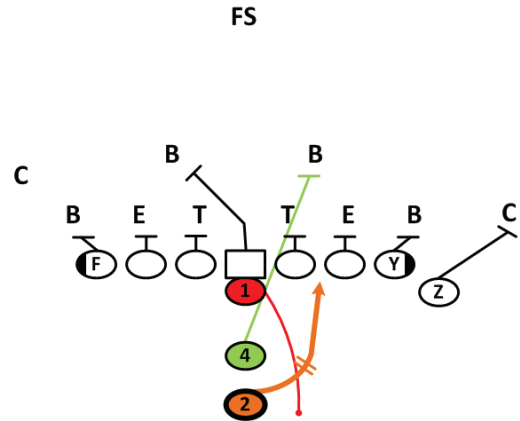
QB: OPEN PLAYSIDE, DOWNHILL HANDOFF TO 2 BACK.

TE'S: SAME RULES AS O-LINE.

2 BACK: DOWNHILL COURSE, TAKE HANDOFF.

3 BACK: KICK OUT FORCE/WIDEST DEFENDER.

4 BACK: DOWNHILL LEAD BLOCK ON 2ND LB PLAYSIDE.



1
YOUTH

JUMBO 23 MIKE VS. 5-3 BEAR 5

O-LINE: MAN BLOCKING. IF UNCOVERED, DOUBLE TEAM PLAYSIDE TO 2ND LEVEL. HANG 2ND PLAYSIDE LB FOR THE 4 BACK.

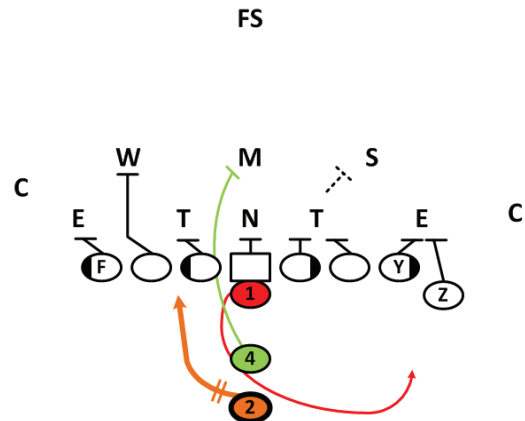
QB: OPEN PLAYSIDE, DOWNHILL HANDOFF TO 2 BACK, BOOT AWAY.

TE'S: SAME RULES AS O-LINE.

2 BACK: DOWNHILL COURSE, TAKE HANDOFF.

Z: CUTOFF.

4 BACK: DOWNHILL LEAD BLOCK ON 2ND LB PLAYSIDE.



1
YOUTH

JUMBO FAKE MIKE PASS Z CORNER 6

O-LINE: TRACK BLOCKING, STAY ON COURSE AND BLOCK WHO SHOWS UP. SELL THE RUN.

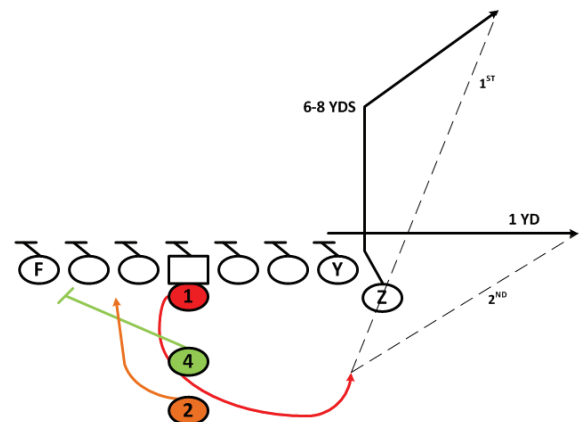
QB: OPEN WEAKSIDE, DOWNHILL FAKE TO 2 BACK. BOOT AWAY. READ CORNER ROUTE, TO SLOW FLAT, TO RUN.

TE'S: Y: SLAM DOWN ON DEFENDER INSIDE OF YOU, TURN AND RUN TO FLAT **BACKSIDE:** SAME RULES AS O-LINE.

2 BACK: DOWNHILL COURSE, FAKE HANDOFF.

Z: INSIDE RELEASE TO FAKE CUTOFF, THEN RUN 6-8 YARD CORNER ROUTE.

4 BACK: DOWNHILL LEAD BLOCK PLAYSIDE.



1
YOUTH

POWER I 29 CRACK TOSS VS. 4-4 **7**

O-LINE: ZONE BLOCKING. HEAD UP TO PLAYSIDE. IF UNCOVERED, WORK DOUBLE TEAM PLAYSIDE TO 2ND LEVEL.

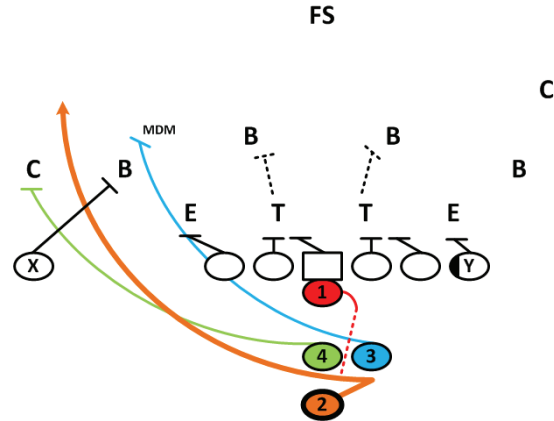
QB: OPEN WEAKSIDE, TOSS TO 2 BACK.

TE'S: CUTOFF BACKSIDE.

2 BACK: QUICK JAB WEAK, CATCH TOSS THEN SWEEP COURSE.

3 BACK: SWEEP COURSE, BLOCK MOST DANGEROUS MAN.

4 BACK: SWEEP COURSE, BLOCK CORNER.



1
YOUTH

POWER I 14 BLAST DRAW VS. 5-3 **8**

O-LINE: MAN BLOCKING. IF UNCOVERED, WORK BACKSIDE. HANG 2 PLAYSIDE BACKERS.

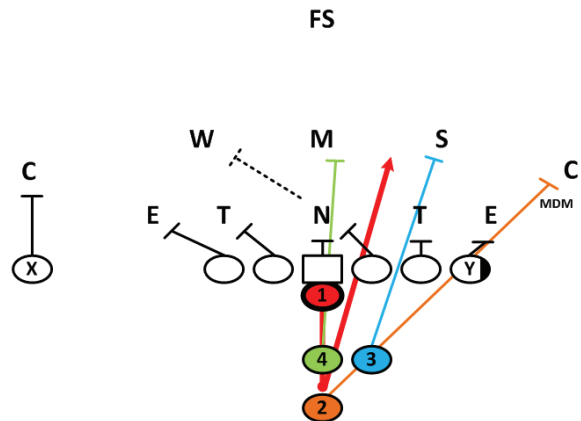
QB: DROP BACK, SELL PASS, FOLLOW LEAD BLOCKERS.

TE'S: BLOCK END TO 2ND LEVEL. HANG 2 PLAYSIDE BACKERS.

2 BACK: BLOCK FORCE DEFENDER TO MOST DANGEROUS MAN.

3 BACK: LEAD BLOCK ON 1ST LB PLAYSIDE.

4 BACK: LEAD BLOCK ON 2ND PLAYSIDE LB.



1
YOUTH

POWER I 24 BLAST PASS FLOOD **9**

O-LINE: SLIDE PROTECTION WEAK.

QB: FAKE BLAST HANDOFF, READ CORNER TO FLAT. BACKSIDE HITCH IF HOT VS BLITZ.

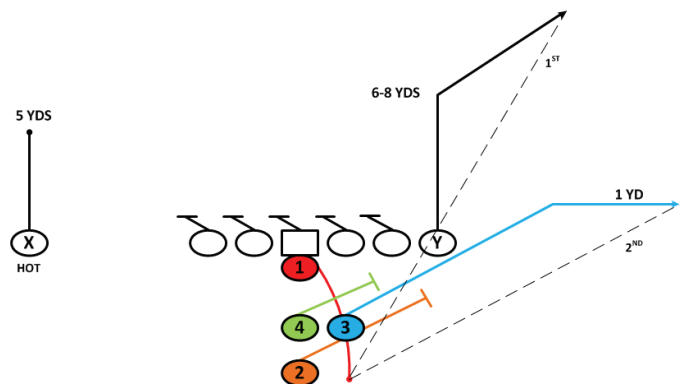
TE'S: 6-8 YARD CORNER.

X: 5 YARD HITCH. HOT.

2 BACK: FAKE 24 BLAST, BLOCK EDGE.

3 BACK: FAKE 24 BLAST, RUN 1 YARD FLAT ROUTE.

4 BACK: BLOCK 1ST THING OFF TACKLES EDGE.



1
YOUTH

TIGHT WISHBONE 18 SWEEP VS. 4-4 SPLIT 10

O-LINE: ZONE BLOCKING. HANG PLAYSIDE 2ND LEVEL DEFENDER FOR FULLBACK.

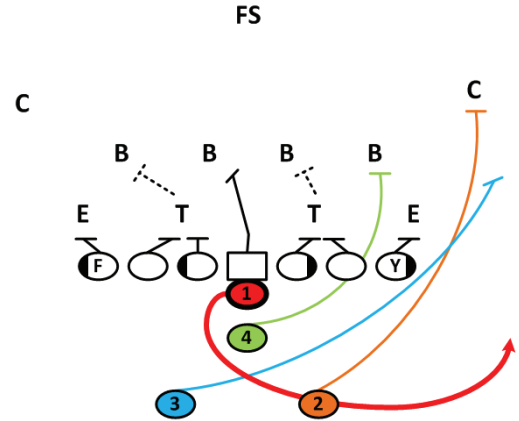
QB: OPEN WEAKSIDE, FOLLOW BLOCKERS ON SWEEP COURSE.

TE'S: SAME RULES AS O-LINE.

2 BACK: BLOCK CORNER.

3 BACK: SWEEP COURSE, BLOCK MOST DANGEROUS MAN.

4 BACK: BLOCK PLAYSIDE 2ND LEVEL DEFENDER.



1
YOUTH

TIGHT WISHBONE 34 CROSS LEAD VS. 6-2 11

O-LINE: MAN BLOCKING. HANG PLAYSIDE 2ND LEVEL DEFENDER FOR FULLBACK.

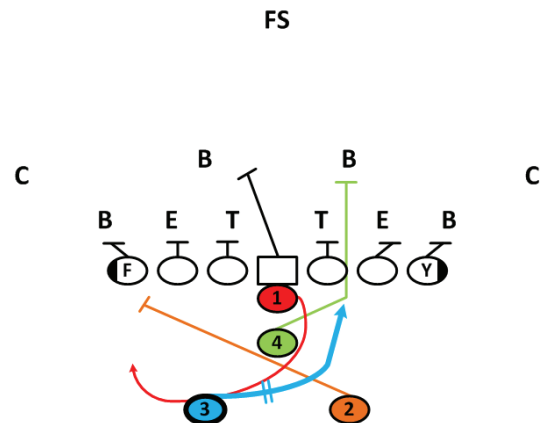
QB: OPEN PLAYSIDE, HAND OFF TO 3 BACK, BOOT AWAY.

TE'S: SAME RULES AS O-LINE.

2 BACK: CROSS BLOCK BACKSIDE.

3 BACK: LEAD COURSE, TAKE HANDOFF.

4 BACK: LEAD BLOCK ON FIRST DEFENDER ON THE 2ND LEVEL PLAYSIDE.



1
YOUTH

TIGHT WISHBONE FAKE 42 WEDGE Y POP PASS 12

O-LINE: WEDGE BLOCKING.

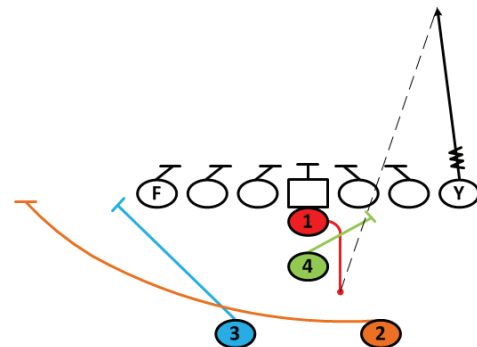
QB: FAKE FB DIVE, STAY LOW, DUMP PASS TO Y.

TE'S: FAKE WEDGE BLOCK, THEN RELEASE TO OPEN AREA. F: WEDGE BLOCKING.

2 BACK: FAKE SWEEP WEAKSIDE.

3 BACK: BLOCK 1ST THING OFF TACKLES EDGE.

4 BACK: FAKE DIVE, BLOCK FIRST THING TO SHOW.



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#	PLAY	#	PLAY
1	DW: 43 Wedge	9	PI: 24 Blast Pass Flood
2	DW: 38 Sweep	10	WB: 18 Sweep
3	DW: 38 Sweep HB Pass	11	WB: 34 Cross Lead
4	J: 24 Blast	12	WB: Fake 42 Wedge Y Pop Pass
5	J: 23 Mike	13	S: 18 Keep
6	J: Fake Mike Pass Z Corner	14	S: 34 Lead
7	PI: 29 Crack Toss	15	S: Max Deep Pass
8	PI: 14 Blast Draw	16	

#	PLAY	#	PLAY
1	DW: 43 Wedge	9	PI: 24 Blast Pass Flood
2	DW: 38 Sweep	10	WB: 18 Sweep
3	DW: 38 Sweep HB Pass	11	WB: 34 Cross Lead
4	J: 24 Blast	12	WB: Fake 42 Wedge Y Pop Pass
5	J: 23 Mike	13	S: 18 Keep
6	J: Fake Mike Pass Z Corner	14	S: 34 Lead
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2	DW: 38 Sweep	10	WB: 18 Sweep
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8	PI: 14 Blast Draw	16	

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1	DW: 43 Wedge	9	PI: 24 Blast Pass Flood
2	DW: 38 Sweep	10	WB: 18 Sweep
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5	J: 23 Mike	13	S: 18 Keep
6	J: Fake Mike Pass Z Corner	14	S: 34 Lead
7	PI: 29 Crack Toss	15	S: Max Deep Pass
8	PI: 14 Blast Draw	16	

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#	PLAY	#	PLAY
1		9	
2		10	
3		11	
4		12	
5		13	
6		14	
7		15	
8		16	

#	PLAY	#	PLAY
1		9	
2		10	
3		11	
4		12	
5		13	
6		14	
7		15	
8		16	

#	PLAY	#	PLAY
1		9	
2		10	
3		11	
4		12	
5		13	
6		14	
7		15	
8		16	

#	PLAY	#	PLAY
1		9	
2		10	
3		11	
4		12	
5		13	
6		14	
7		15	
8		16	

#	PLAY	#	PLAY
1		9	
2		10	
3		11	
4		12	
5		13	
6		14	
7		15	
8		16	

#	PLAY	#	PLAY
1		9	
2		10	
3		11	
4		12	
5		13	
6		14	
7		15	
8		16	

1 **DOUBLE WING:**
43 WEDGE VS. 5-3 **1**
 FS

1 **DOUBLE WING:**
38 SWEEP VS. 6-2 **2**
 FS

1 **DOUBLE WING:**
38 SWEEP HB PASS **3**

1 **JUMBO**
24 BLAST VS. 6-2 **4**
 FS

1 **JUMBO**
23 MIKE VS. 5-3 BEAR **5**
 FS

1 **JUMBO**
FAKE MIKE PASS Z CORNER **6**

1 **POWER I**
29 CRACK TOSS VS. 4-4 **7**
 FS

1 **POWER I**
14 BLAST DRAW VS. 5-3 **8**
 FS

1 **POWER I**
24 BLAST PASS FLOOD **9**
 FS

1 **TIGHT WISHBONE**
18 SWEEP VS. 4-4 SPLIT **10**
 FS

1 **TIGHT WISHBONE**
34 CROSS LEAD VS. 6-2 **11**
 FS

1 **TIGHT WISHBONE**
FAKE 42 WEDGE Y POP PASS **12**
 FS

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<p>FS 1</p>	<p>FS 2</p>	<p>9</p>	<p>FS 10</p>
<p>3</p>	<p>FS 4</p>	<p>FS 11</p>	<p>12</p>
<p>FS 5</p>	<p>6</p>	<p>FS 13</p>	<p>FS 14</p>
<p>FS 7</p>	<p>FS 8</p>	<p>15</p>	